



**Weill Cornell Medical College**

**The Ronald O. Perelman and Claudia Cohen  
Center for Reproductive Medicine**

**NewYork-Presbyterian Hospital  
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Dear Patient,

Thank you for your interest in the Egg Donation Program at the Center for Reproductive Medicine (CRM). All of the members of the CRM team, including many of the leading reproductive endocrinologists, embryologists, infertility nurses, psychologists and support staff working in reproductive medicine today, are dedicated to providing you with the highest quality personalized care you need.

Your physician will lead the team of professionals involved in your care. Each of us will work to make sure that you progress through the treatment process quickly and with all of the information and support you need.

If you have not completed an IVF cycle at CRM, you will need to supply us with copies of your medical records during your initial consultation:

- Records from previous treatment, including physician's progress notes;
- Results from tests for HIV I & II, Hepatitis BS/AG, Hepatitis C, VDRL (syphilis), Pap smear and cultures (gonorrhea & chlamydia) performed during the past 12 months;
- Results of general blood chemistries, CBC, blood type, thyroid, prolactin, varicella and rubella;
- Results of male infertility diagnostic tests including semen analysis;
- Results of any male genetic testing (male partner will be required to update their genetic testing using Mt. Sinai's Expanded Pan-Ethnic Panel for 280 disorders);
- Reports of any uterine evaluation (Sonohistogram/ Saline Infusion Sonogram (SIS), Hysterosalpingogram (HSG), Hysteroscopy) as well as the actual films (if applicable); and,
- Stimulation sheets from previous IVF or IUI treatment cycles.

You will need to schedule consultations with a CRM physician and one of our psychologists. Each of these separate consultations must be attended by both recipient and partner (if applicable).

Your initial consultation with a CRM physician may last about one hour. Please contact your physician's office directly to schedule this appointment. This session includes a review of your medical history and diagnosis, as well as an explanation of donor egg procedures and a complete physical examination. This session will help to determine whether egg donation is a good treatment option for you.

Your second consultation will be with one of our CRM staff psychologists who specialize in helping couples to understand and address any emotional issues associated with egg donation. This meeting usually lasts about one hour, and is an opportunity to address any personal concerns you may have about your treatment. **It is required for you and your partner (if applicable) to do the psychological consultation here in person. Phone consults or video conferencing technology is not acceptable for psychological consultations.**

Your prep cycle teach class will be exclusive with a CRM egg donation nurse, who will explain the medications you will use, as well as any testing and screening you and your partner have to complete before and after the cycle. You will also meet with our patient coordinator or administrator to explain the program guidelines and provide details about our waiting period, fee schedules and recipient characteristics sheet and other program details. **It is recommended for you and your partner (if applicable) to do the prep cycle teach class when you are here (in person).**

**All donor egg recipients must do a preparatory cycle.** This involves taking medications for 3-5 weeks to build your endometrial lining. This cycle is done without the donor. Once your prep cycle is complete, it will be reviewed and you will become active on our wait list retroactive to the date of your initial Donor Egg consultation with your CRM physician.

**For non-local patients: if you have a clinic near you that can do ultrasounds and blood draws and result back to us in the same day, you can do your prep cycle remotely. For the matched cycle with the donor, you will be required to be monitored here at CRM from no later than Day 5 of the donor's stimulation. We prefer you to be here from Day 1 of her stimulation, but will allow Day 5.**

Because all couples treated with egg donation at CRM must complete each of these preliminary meetings, we will work to schedule your appointments quickly and conveniently. Once you have a date for your initial consultation with your physician, contact the Patient Coordinator at 646-962-3447 to schedule the other appointments. (Please note: Prep Cycle Teach classes will not be scheduled on Tuesdays.)

The attached packet contains more detailed information about the Egg Donation Program at CRM, including background case studies, procedure checklist for recipient cycle, fee schedule and glossary of terms. We hope that you will read these materials carefully. If you would like to consider egg donation to have a baby, please call the CRM Egg Donation Patient Coordinator at 646-962-3447.

Thank you for your interest in CRM, one of the leading centers in the world for egg donation. We thank you for the opportunity to put our special dedication and skills to work for you.

Sincerely,  
The Donor Egg Program Team